

Values are different for everybody. I know that my values have become important to me through my experiences in life. My values include respect, confidence, loyalty, and honesty. I have gathered these values due to many of experiences from life as well as being taught them by my friends and family. I believe this is how people accumulate their values and the reason they are held so importantly.

I didn't find the values exercise very helpful because I don't really see them as values. I see values more as specific traits that an individual lives by, almost like a rule of the heart. The values listed on this exercise were more focused on specific activities and things a person could or could not do without and what they like to do versus what they don't want. I did however find them professionally important. It's important to know what scenarios you can or cannot work in and how you prefer to work and in what setting. This is also where the second activity came into play. Learning about who you feel comfortable working with and who you aren't, is important when going into the human services profession. This will allow a person to analyze how they will act if they face somebody who might be a two or three on this assignment.

It's important to know your values and those of your clients so you know how to interact with each other. If you have a client who values something you don't necessarily approve of this is going to cloud your judgment and how you treat this individual. The over-all goal is to provide services and treat each person as the individual they are. If you cannot get past a particular value they might have, you might not be able to get them the necessary services they need.

On the assignment from Nancy Summers there weren't any scenarios I gave a three to. I feel I could handle all of those situations but some of them would definitely be tough. The one that would be the hardest for me to handle would be number 9 (a man who makes it clear he often disciplines his children by using corporal punishment). I find this one the hardest to deal with because it's something I 100% disagree with and will not tolerate by any means. If as a case manager I had to face a situation with this I know I would be able to handle it. Since I disapprove of this so strongly I feel I would be more dedicated to work on this case and use all of my resources available to ensure my desired outcome. Being aware of my biases on some of these situations will show me which types of situations I need to be careful when working with. The cases where I put a two are the ones that I know I will need to take extra time and extra care when analyzing. This will ensure I do my job well and make sure my biases don't get in the way of a positive solution for everyone.